



Vangold Shares to Commence Trading on the TSX-V

March 9, 2020 – Vancouver, British Columbia – Vangold Mining Corp (the “**Company**” or “**Vangold**”) (TSXV:VAN) announces that effective at the opening on Tuesday March 10, 2020, its shares will re-commence trading on the TSX-V.

Trading to Recommence:

Vangold Mining Corp. was incorporated on August 11, 1978, and has been listed for trading on the TSX Venture Exchange, and its predecessor the Vancouver Stock Exchange for over 25 years. We are therefore delighted to announce the recommencement of trading on the TSX-V under the symbol ‘VAN’. With a newly structured and rejuvenated executive team as well as a refocused and principally new Board of Directors, the Company looks forward to advancing its El Pinguico silver and gold project, located in Guanajuato, Mexico, as well as its other Mexican mining claims.

Long serving past CEO and current significant Vangold shareholder Dal Brynelsen said: “At this point in time the Company’s prospects have never been more exciting. The El Pinguico deposit has the potential to become a company making asset.”

The Company would like to acknowledge and thank its shareholders for their patience during the period of time the Company’s shares have been halted. Henceforth, Vangold will redouble its efforts to increase shareholder value in the mid to long term.

The El Pinguico Project:

El Pinguico is a high-grade silver and gold deposit that was mined from the early 1890s until 1913. Mining was done exclusively from the El Pinguico and El Carmen veins, which are thought to be splays off the Mother Vein, or ‘Veta Madre.’

The Veta Madre is associated with a mega fault that outcrops for 25 kilometres and is the most important source of precious metal mineralization in the region. The Veta Madre may cross Vangold’s property at depth, underneath the high grade El Pinguico and El Carmen veins, but very limited drilling has been done on the property and no drilling has attempted to encounter the Veta Madre at depth.

Historic stockpiles of mineralized material exist on surface and underground at El Pinguico which may potentially provide feed to one of several operational mills in the Guanajuato area.

Additional information regarding the El Pinguico silver and gold mine will be available once Vangold’s new website becomes active, expected within the next 30 days.

VANGOLD MINING CORP.

PH: +1(778) 989-5346 E: info@vangoldmining.com W: vangoldmining.com

CA: #1000 – 409 Granville Street, Vancouver, British Columbia V6C 1T2, Canada

MX: Carr, Guanajuato – Silao km 5.5 Colonia Marfil Guanajuato, Mexico Office No.2 CP 36250



TSX-V: VAN OTC: VGLDF



Hernan Dorado, a director of Vangold and a qualified person as defined by National Instrument 43-101, Standards of Disclosure for Mineral Projects, has approved the scientific and technical information contained in this news release.

About Vangold Mining Corp.

Vangold Mining Corp. is an exploration company engaged in the exploration of mineral projects in the Guanajuato region of central Mexico. The Company's flagship El Pinguico project is a significant past producer of high grade gold and silver and is located just 7km south of the city of Guanajuato, Mexico. The Company remains focused on the near term potential for development and monetization of both its surface and underground stockpiles of mineralized material from El Pinguico.

ON BEHALF OF THE BOARD OF DIRECTORS

"James Anderson"
Chairman and CEO

For further information regarding Vangold Mining Corp, please contact:
James Anderson, Director, +1 (778) 989-5346
Email: james@vangoldmining.com

Continue to follow our progress: Web: www.vangoldmining.com

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Forward-Looking Statements

This news release contains certain forward-looking statements, which relate to future events or future performance (including, but not limited to, the potential for near term development and monetization of existing stockpiles of mineralized material at the Company's El Pinguico project in Mexico) and reflect management's current expectations and assumptions. Such forward-looking statements reflect management's current beliefs and are based on assumptions made by and information currently available to the Company. Readers are cautioned that these forward-looking statements are neither promises nor guarantees, and are subject to risks and uncertainties that may cause future results to differ materially from those expected including, but not limited to, market conditions, availability of financing, currency rate fluctuations, actual results of exploration and development activities, environmental risks, future prices of gold, silver and other metals, operating risks, accidents, labor issues, delays in obtaining governmental or regulatory approvals and permits, and other risks in the mining industry. All the forward-looking statements made in this news release are qualified by these cautionary statements and those in our continuous disclosure filings available on SEDAR at www.sedar.com. These forward-looking statements are made as of the date hereof and the Company does not assume any obligation to update or revise them to reflect new events or circumstances save as required by applicable law.

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